

# SUMMER SEMESTER CLASS CATALOG

April 2, 2025 - September 30, 2025



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## HOW TO REGISTER:

### 1. REGISTER ONLINE:

[HTTPS://THEARCOFANCHORAGE.ORG/CLASSES-EVENTS/](https://thearcofanchorage.org/classes-events/)

### 2. REGISTER IN PERSON:

2211 ARCA DRIVE ANCHORAGE, AK 99508

### 3. REGISTER BY PHONE:

CONTACT REC/SPARC TEAM LEAD AT 907-777-0359

OR PROGRAM DIRECTOR AT 907-777-0157

Classes at The Arc of Anchorage run for six months in two semester blocks:

Summer Semester: April through September

Winter Semester: October through March

\*Please note, you must be enrolled in the Rec/Sparc program to register and attend classes outlined. This also applies to specific events listed on our calendar pages; these are not open to the public.

\*Payment is required before the start date of the semester. All sales are final.

## SUMMER 2025 AGENCY CLOSURES

**\*\*APRIL 1, 2025** - Community Programs Department Staff In-service

**MAY 26, 2025** - Memorial Day

**JULY 4, 2025** - Independence Day

**SEPTEMBER 1, 2025** - Labor Day

*\*Please note that on these dates, there will be no classes for the Rec/Sparc program.*

# Class Information

## ***Who Can Attend***

Registration is open to participants ages 16 and over who have chosen The Arc of Anchorage as a service provider in their approved Waiver Support Plan through the State of Alaska. If you're interested in receiving services and taking classes at The Arc of Anchorage, please visit [thearcofanchorage.org/services](http://thearcofanchorage.org/services) and complete an intake application. Participants must be enrolled in the Rec/Sparc program to register and attend classes outlined.

## ***Registration***

Registration may be completed at any time throughout the semester by visiting [thearcofanchorage.org/classes-events](http://thearcofanchorage.org/classes-events). Fees may be pro-rated for participants who join classes mid-semester. Please note that class fees go towards supplies and activity costs, and are separate from the services The Arc bills through Medicaid. Additionally, class fees are paid once and cover costs for the six month semester.

## ***Arrival/Departure Times***

Attendees should arrive at the start of class, or no later than 30 minutes prior to the class start time. Pickups should occur and be scheduled no later than 30 minutes after the scheduled class end time.

## ***Transportation Reimbursement***

The Arc of Anchorage pays transportation fees for participants who attend classes and receive Day Habilitation services in the Rec/Sparc program. We cover Anchor Rides to and from classes.

## ***Contact Information***

**Vanessa Solorio** | *Director of Community Programs*  
907.777.0157 | [vsolorio@thearcofanchorage.org](mailto:vsolorio@thearcofanchorage.org)

**Adam White** | *Rec/Sparc Team Lead*  
907.777.0359 | [awhite@thearcofanchorage.org](mailto:awhite@thearcofanchorage.org)

**Teri Nickels** | *Recreation Coordinator & Activity Specialist*  
907.777.0185 | [tnickels@thearcofanchorage.org](mailto:tnickels@thearcofanchorage.org)

# CLASS DESCRIPTIONS



Classes are beneficial because they provide structured learning opportunities, foster personal growth, and encourage social interaction. The ARC organization offers tailored classes that enhance life skills, boost self-confidence, and promote independence.

These classes also create a supportive environment where students can connect with peers, build friendships, and develop a sense of belonging, all while receiving the guidance and resources needed to thrive.

CLASSES

# MONDAY

05

<p><b>Ceramics</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Sparc</p>	<p>\$220</p>	<p>Create unique ceramic pieces as you develop skills in working with clay, glazing, designing, and decorating to make sculptures, vases, teapots, and so much more! Learn to finish ceramic artwork suitable for professional display, retail sale, or gift-giving. The class fee covers clay, glaze, and materials used for 6 months.  <i>*Disclaimer:</i> Kiln is only fired when full.</p>
<p><b>Summer BBQ Cooking</b></p>	<p>1:30 pm - 5:30pm</p>	<p>Recreation Center</p>	<p>\$300</p>	<p>Get ready to fire up the grill and master the art of BBQ in this beginner-friendly cooking class. Whether you're new to grilling or just want to refine your skills, this hands-on class will guide you through all the basics. Come hungry and leave with the confidence to create a perfect summer BBQ every time! Ideal for beginners looking to learn the basics of grilling and gain hands-on experience in a fun, relaxed setting. The class fee covers the cost of groceries for 6 months.</p>
<p><b>Monday Bowling</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>\$150</p>	<p>Get ready to have fun, improve your bowling skills, and make new friends in this group bowling class designed for all skill levels. Whether you're just starting out or looking to refine your technique, this class offers a supportive, social atmosphere where you can learn and grow alongside your peers. The class fee covers weekly bowling costs and shoe rentals for 6 months.  <i>*Disclaimer:</i> Please bring your own snacks.</p>
<p><b>Adventure Photography</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>Free</p>	<p>Experience a new way of seeing the world! Photography class is designed to introduce participants to the basic fundamentals and different techniques of photography, enabling them to capture images creatively and effectively. Work on building a cohesive digital photography portfolio, showcasing your best work, and understanding how to present it to an audience. This class is perfect for anyone interested in taking their photography skills to the next level, whether for personal enjoyment or professional development. <i>*Disclaimer:</i> A signed photo consent form is required</p>

CLASSES

# TUESDAY

06

<p><b>Trail Walking</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>Free</p>	<p>Enjoy Alaska's many beautiful trails and the benefits of being out in nature, socializing with peers, exercising and learning nature safety skills. The Arc will supply bottled water to all participants. <i>*Disclaimer:</i> This class will include walking at minimum 1 mile and will be outdoors; please dress appropriately for the weather and bring a snack if needed!</p>
<p><b>Stained Glass</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Sparc</p>	<p>\$240</p>	<p>Create the perfect stained glass window piece as you design, cut, grind, foil, and solder glass pieces into luminous artwork suitable for professional display, retail sale, or gift-giving. The class fee covers studio supplies and materials used for 6 months. <i>*Disclaimer:</i> This is an intermediate to advanced class.</p>
<p><b>Tuesday Karaoke &amp; Dance</b></p>	<p>1:30 pm - 3:30 pm</p>	<p>Recreation Center</p>	<p>Free</p>	<p>Unleash your inner performer in this high-energy, fun-filled class that combines karaoke and dance! Whether you love to sing, groove, or both, this class is the perfect way to boost your confidence, learn some new moves, and have a blast while doing it. Showcase your talent by performing on stage in front of an audience mid-semester and at the end of the semester.</p>
<p><b>Basketball</b></p>	<p>3:30 pm - 5:30pm</p>	<p>Recreation Center</p>	<p>Free</p>	<p>Start with stretching, drills, and learning the fundamental skills of basketball, such as dribbling and passing to your teammates; then compete in an action-packed game with your peers! <i>*Disclaimer:</i> Please wear appropriate gym shoes and athletic wear.</p>

CLASSES

# WEDNESDAY

07

<p><b>Glass Fusion</b></p>	<p>10:30 am - 12:30 pm</p>	<p>Sparc</p>	<p>\$80</p>	<p>Glass fusing class is the bonding of separate pieces of glass by high heat, administered in a kiln. It's easy to learn the basics of glass fusing, it's fun, and the possibilities are endless. There is a vast range of techniques, and we are always experimenting! Students will learn the basics of glass fusing including glass cutting, designing, and insight into kiln working. The class fee covers studio supplies and materials used for 6 months.</p>
<p><b>Painting</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Sparc</p>	<p>\$250</p>	<p>Learn about different painting movements and techniques while you create beautiful artwork suitable for professional display, retail sale, or gift-giving! This class will have structured lessons that teach beginning skills, like color mixing, brush selection, and canvas preparation, and intermediate skills, like composition, layering, and value. The class fee covers studio supplies and materials used for 6 months.</p>
<p><b>Wednesday Bowling</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>\$150</p>	<p>Get ready to have fun, improve your bowling skills, and make new friends in this group bowling class designed for all skill levels. Whether you're just starting out or looking to refine your technique, this class offers a supportive, social atmosphere where you can learn and grow alongside your peers. The class fee covers weekly bowling costs and shoe rentals for 6 months. <i>*Disclaimer:</i> Please bring your own snacks.</p>
<p><b>Cooking Around the World</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>\$260</p>	<p>Embark on a delicious journey and explore the diverse flavors of the world in this hands-on cooking class! Each week, you'll "travel" to a different country and learn how to prepare traditional dishes from various cultures. This class is perfect for food lovers who want to expand their culinary skills, discover new ingredients, and enjoy the rich variety of global cuisine. The class fee covers the cost of groceries for 6 months.</p>

CLASSES

# THURSDAY

08

<p><b>Print Making</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Sparc</p>	<p>\$100</p>	<p>Tell your story through prints! Dive into the world of printmaking in this hands-on class, where you'll explore various techniques to create unique and expressive works of art. From woodblock to screen printing, you'll learn how to transfer your designs onto different surfaces and materials, and discover the beauty of repetition, texture, and pattern in printmaking. Learn techniques such as monoprint, intaglio, relief, and silkscreen. By the end of the class, you'll have several prints of your own design and a deeper appreciation for the craft of printmaking. Perfect for beginners and anyone interested in learning a new form of artistic expression! The class fee covers studio supplies and materials used for 6 months.</p>
<p><b>Coffee Cruise</b></p>	<p>1:30 pm - 3:30pm</p>	<p>Recreation Center</p>	<p>\$185</p>	<p>Join us for a fun and flavorful adventure as we explore some of Alaska's most unique and beloved coffee shops in Anchorage! This class is perfect for coffee lovers who want to discover new spots, learn about local coffee culture, and connect with peers while savoring some of the best brews the state has to offer. Whether you're a seasoned coffee aficionado or a casual drinker, this course offers a relaxed and social way to enjoy Alaska's coffee scene. The class fee covers a weekly \$7 purchase allowance for 6 months.</p>
<p><b>Thursday Karaoke &amp; Dance</b></p>	<p>3:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>Free</p>	<p>Unleash your inner performer in this high-energy, fun-filled class that combines karaoke and dance! Whether you love to sing, groove, or both, this class is the perfect way to boost your confidence, learn some new moves, and have a blast while doing it. Showcase your talent by performing on stage in front of an audience mid-semester and at end of the semester.</p>
<p><b>Movie Enthusiast</b></p>	<p>1:30 pm - 5:30pm</p>	<p>Recreation Center</p>	<p>\$280</p>	<p>Calling all movie buffs! Join our movie enthusiast class, where you and your peers get to vote on which films to watch and embark on exciting trips to different local theaters. Whether you're into the latest blockbusters, indie gems, or classic films, this class is all about exploring the magic of cinema in a fun, social setting. Please bring money for snacks to purchase. Movie ticket costs are included for both Cinemark and Regal theaters in the class fee for 6 months. <i>*Disclaimer:</i> R-rated films may be chosen. No reimbursement for absences.</p>



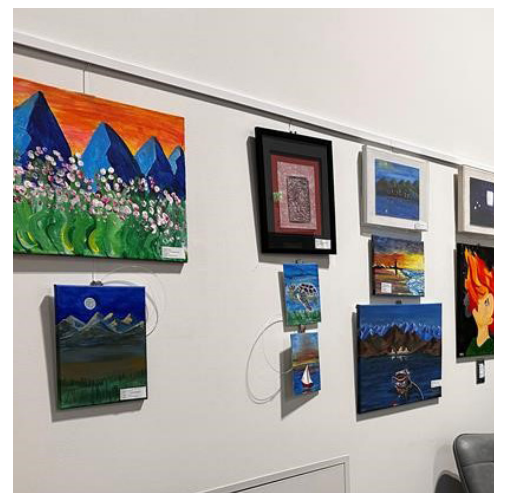
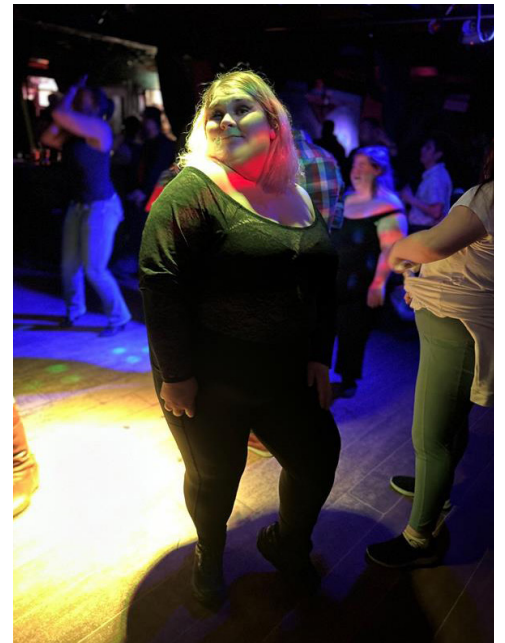
CLASSES

# FRIDAY

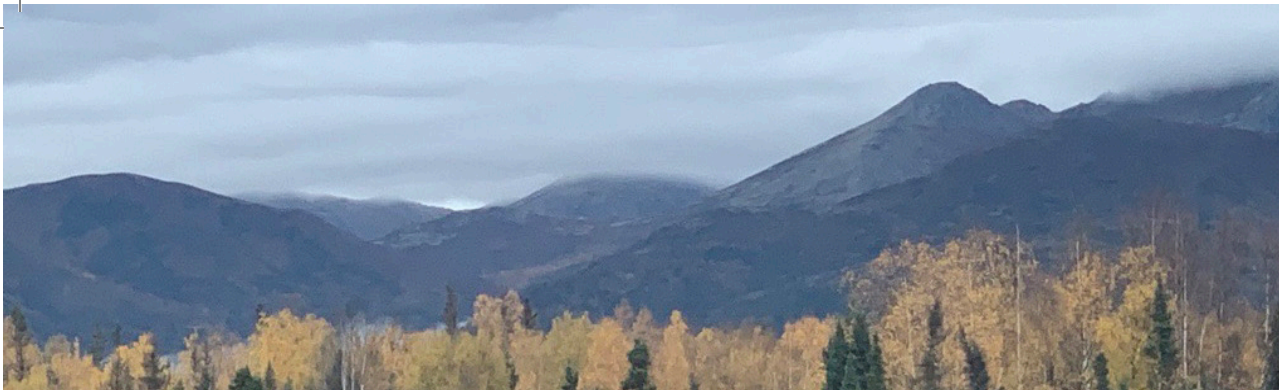
<p><b>Open Studio</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Sparc</p>	<p>\$150</p>	<p>This dynamic and hands-on class invites individuals to explore a variety of creative mediums in an open studio format. Whether you are a beginner or an experienced artist, this class provides a supportive environment to experiment with and develop skills in a range of artistic disciplines. The class includes: painting, beading and jewelry making, drawing, fiber arts, costume design or sewing, and mask making! Throughout the class, individuals will have access to all necessary materials and will receive individualized guidance and support from instructors. An ideal setting to broaden your artistic skills and enjoy the flexibility to work at your own pace in a variety of media. The class fee covers studio supplies and materials used for 6-months.</p>
<p><b>Friday Bowling</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>\$150</p>	<p>Get ready to have fun, improve your bowling skills, and make new friends in this group bowling class designed for all skill levels. Whether you're just starting out or looking to refine your technique, this class offers a supportive, social atmosphere where you can learn and grow alongside your peers. The class fee covers weekly bowling costs and shoe rentals for 6 months. <i>*Disclaimer:</i> Please bring your own snacks.</p>
<p><b>Active for Life</b></p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>Free</p>	<p>This class is designed to help you build lifelong habits that keep you active, healthy, and energized at any age. Whether you're looking to improve your fitness level, stay strong, or simply enjoy a more active lifestyle, this class offers a balanced mix of exercises, wellness tips, and fun activities to keep you moving and feeling great. We have gym games such as volleyball, tennis, badminton, soccer and more! <i>*Disclaimer:</i> Please wear appropriate gym shoes and athletic wear. Any outdoor activity will be planned in advance.</p>

# CLASS COLLAGE

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We seize the opportunities to create  
adventure and fulfillment in all aspects of life.  
Our Core Value of **JOY**

# APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
		1 COMMUNITY PROGRAMS CLOSED STAFF IN-SERVICE	2 FIRST DAY OF CLASSES	3	4	5 CLUB HOPPING 9:00 P.M.- 1:00 A.M.
6	7	8	9	10	11	12
13	14	15	16 APRIL BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	17	18	19
20	21	22	23	24	25 GREASE LIGHTNING DANCE 6:00 P.M.- 8:00 P.M.	26
27	28	29	30			

See website for all classes, fees and descriptions.  
Register at: [thearcofanorage.org/classes/](http://thearcofanorage.org/classes/)



Follow us on social media.



Open to the Public



Open Only to Individuals Receiving Services

# REC/SPARC CALENDAR

The Arc of Anchorage | 907.277.6677  
2211 Arca Drive, Anchorage, AK 99508

Register at  
[thearcofanchorage.org/classes/](http://thearcofanchorage.org/classes/)  
Schedule a tour by calling 907.277.6677.

## MAY

SUN

MON

TUE

WED

THU

FRI

SAT

				1	2	3 CLUB HOPPING 9:00 P.M.- 1:00 A.M.
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 THE ARC CITYWIDE CLEANUP 1:30 P.M.- 3:30 P.M.	20	21 MAY BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	22	23 STAR WARS DANCE 6:00 P.M.- 8:00 P.M.	24
25	26 AGENCY CLOSED MEMORIAL DAY HOLIDAY	27	28	29	30	



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We do the right thing. Our Core Value of Integrity

JUNE						
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7 CLUB HOPPING 9:00 P.M.- 1:00 A.M.
8	9	10	11	12	13	14
15	16	17	18 JUNE BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	19	20	21
22	23	24	25	26	27 JURASSIC PARK DANCE 6:00 P.M.- 8:00 P.M.	28
29	30					

See website for all classes, fees and descriptions.  
Register at: [thearcofanorage.org/classes/](http://thearcofanorage.org/classes/)

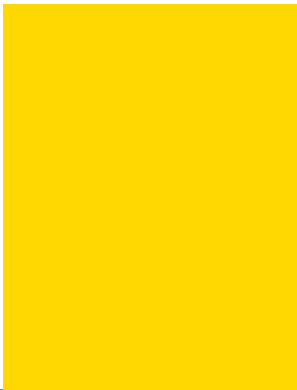
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# JULY

SUN MON TUE WED THU FRI SAT

		1	2	3	4 AGENCY CLOSED INDEPENDENCE DAY HOLIDAY	5 CLUB HOPPING 9:00 P.M.- 1:00 A.M.
6	7	8	9	10	11	12
13	14	15	16 JULY BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	17	18	19
20	21	22	23	24	25 ROADHOUSE! TEXAS BBQ DANCE 6:00 P.M.- 8:00 P.M.	26
27	28	29	30	31		

See website for all classes, fees and descriptions.  
Register at: [thearcofanorage.org/classes/](http://thearcofanorage.org/classes/)



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We honor everyone's heritage, history, experiences and specific personal interests.



# AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 CLUB HOPPING 9:00 P.M.- 1:00 A.M.
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20 AUGUST BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	21	22 HAWAIIAN LUAU DANCE 6:00 P.M.- 8:00 P.M.	23
24	25 THE ALASKA STATE FAIR 10:30 A.M.- 6:00 P.M.	26	27	28	29	30

See website for all classes, fees and descriptions.  
 Register at: [thearcofanorage.org/classes/](http://thearcofanorage.org/classes/)



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Register at  
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Schedule a tour by calling 907.277.6677.

## SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
31	1 AGENCY CLOSED LABOR DAY HOLIDAY	2	3	4	5	6 CLUB HOPPING 9:00 P.M.- 1:00 A.M.
7	8	9	10	11	12	13
14	15	16	17 SEPTEMBER BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	18	19	20
21	22	23	24	25	26 THE 80'S DANCE 6:00 P.M.- 8:00 P.M.	27
28	29	30 LAST DAY OF CLASSES				

See website for all classes, fees and descriptions.

Register at: [thearcofanchorage.org/classes/](http://thearcofanchorage.org/classes/)



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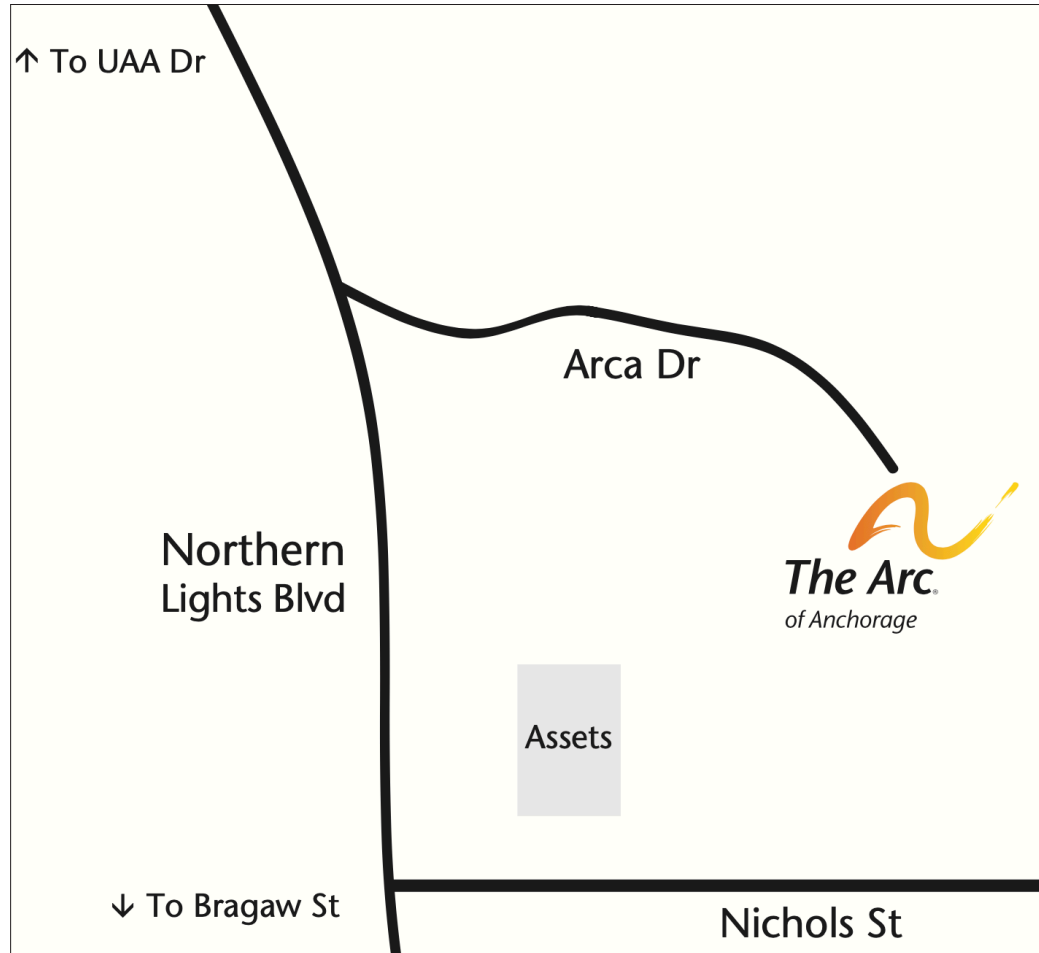


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Anchorage, AK 99508-3462



**REGISTER FOR CLASSES STARTING MARCH 3<sup>RD</sup>, 2025  
OR ANYTIME DURING THE SEMESTER.**

**REGISTER ONLINE:  
[HTTPS://THEARCOFANCHORAGE.ORG/CLASSES/](https://thearcofanchorage.org/classes/)**

**CLASSES BEGIN APRIL 2<sup>ND</sup>, 2025.**

## **REC/SPARC PROGRAM**

907.277.6677  
2211 Arca Drive  
Anchorage AK, 99508

***Achieve with us.***

