

SUMMER SEMESTER CLASS CATALOG

April 1, 2024 - September 30, 2024



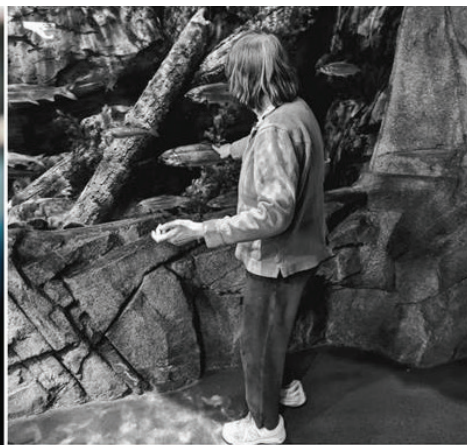


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HOW TO REGISTER:

1. REGISTER ONLINE:

[HTTPS://THEARCOFANCHORAGE.ORG/CLASSES-EVENTS/](https://thearcofanchorage.org/classes-events/)

2. REGISTER IN PERSON:

2211 ARCA DRIVE ANCHORAGE, AK 99508

Classes at The Arc of Anchorage run for six months in two semester blocks:

Summer Semester: April through September

Winter Semester: October through March

*Please note, that in order to register for classes and club hopping, you must be enrolled in the Rec/Sparc program or have waiver services with The Arc of Anchorage.

*Payment is required before the start of the semester.

SUMMER 2024 AGENCY CLOSURES

MAY 27 - Memorial Day

JULY 4 - Independence Day

SEPTEMBER 2 - Labor Day

**Please note that on these dates, there will be no classes for the Rec/Sparc program.*

Class Information

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Who Can Attend

Registration is open to participants ages 16 and over who have chosen The Arc of Anchorage as a service provider in their approved Waiver Support Plan through the State of Alaska. If you're interested in receiving services and taking classes at The Arc of Anchorage, please visit thearcofanchorage.org/services and complete an intake application.

Registration

Registration may be completed at any time throughout the semester by visiting thearcofanchorage.org/classes-events. Fees may be pro-rated for participants who join classes mid-semester. Please note that class fees go towards supplies and activity costs, and are separate from the services The Arc bills through Medicaid. Additionally, class fees are paid once and cover costs for the six month semester.

Arrival/Departure Times

Attendees should arrive at the start of class, or no later than 30 minutes prior to the class start time. Pickups should occur and be scheduled no later than 30 minutes after the scheduled class end time.

Transportation Reimbursement

The Arc of Anchorage pays transportation fees for participants who attend classes and receive Day Habilitation services in the Rec/Sparc program. We cover Anchor Rides to and from classes and provide reimbursement for individuals and families who privately transport.

Contact Information

Vanessa Solorio | *Director of Community Programs*
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Alexandria Gazmen | *Rec/Sparc Team Lead*
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Teri Nickels | *Recreation Coordinator & Activity Specialist*
907.777.0185 | tnickels@thearcofanchorage.org

CLASSES

MONDAY

05

<p>Ceramics</p>	<p>1:30 pm - 5:30 pm</p>	<p>Sparc</p>	<p>\$80</p>	<p>Create unique ceramic pieces as you develop skills in working with clay, glazing, designing, and decorating to make sculptures, vases, teapots, and so much more! Learn to finish ceramic artwork suitable for professional display, retail sale, or gift-giving. The class fee covers clay, glaze, and materials used. *Disclaimer: Kiln is fired only when full.</p>
<p>Cooking Around the World on a Monday</p>	<p>1:30 pm - 5:30pm</p>	<p>Recreation Center</p>	<p>\$240</p>	<p>Are you interested in food from other cultures? Prepare a meal to enjoy with your peers as you learn fundamental cooking skills to increase independence in the kitchen! The class fee covers the cost of groceries.</p>
<p>Trail Walking Photography</p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>\$15</p>	<p>Enjoy Alaska's many beautiful trails as you hike, practice nature safety skills, and take pictures with your peers! Enjoy the benefits of being out in nature, socializing, exercising and learning how to improve your photography skills. Experience a new way of seeing the world and create a digital portfolio of your experience! Class fee covers bottled water, a light snack and the purchase of an Alaska State park pass. *Disclaimer: This class will include walking at minimum 1 mile and be outdoors; please dress appropriately for the weather! Photography is optional for participants.</p>

CLASSES

TUESDAY

06

<p>Karaoke & Dance</p>	<p>1:30 pm - 3:30 pm</p>	<p>Recreation Center</p>	<p>Free</p>	<p>Put a song in your heart and some pep in your step; It's time to sing along to your favorite tunes and dance with your peers as you explore different genres of music, dance, and musical expression! Showcase your talent by performing on stage in front of an audience mid-semester.</p>
<p>Basketball</p>	<p>3:30 pm - 5:30pm</p>	<p>Recreation Center</p>	<p>Free</p>	<p>Start with stretching, drills, and learning the fundamental skills of basketball, such as dribbling and passing to your teammates; then compete in an action-packed game with your peers! *Disclaimer: Please wear appropriate gym shoes and athletic wear.</p>
<p>Cooking Around the World on a Tuesday</p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>\$260</p>	<p>Are you interested in food from other cultures? Prepare a meal to enjoy with your peers as you learn fundamental cooking skills to increase independence in the kitchen! The class fee covers the cost of groceries.</p>
<p>Stained Glass</p>	<p>1:30 pm - 5:30pm</p>	<p>Sparc</p>	<p>\$80</p>	<p>Create the perfect window piece as you design, cut, grind, foil, and solder glass pieces into luminous artwork suitable for professional display, retail sale, or gift-giving. The class fee covers studio supplies and materials used. *Disclaimer: This is an intermediate to advanced class.</p>

CLASSES

WEDNESDAY

07

<p>Painting</p>	<p>1:30 pm - 5:30 pm</p>	<p>Sparc</p>	<p>\$80</p>	<p>Learn about different painting movements and techniques while you create beautiful artwork suitable for professional display, retail sale, or gift-giving! This class will have structured lessons that teach beginning skills, like color mixing, brush selection, and canvas preparation, and intermediate skills, like composition, layering, and value. The class fee covers studio supplies and materials used.</p>
<p>Wednesday Bowling</p>	<p>1:30 pm - 5:30pm</p>	<p>Recreation Center</p>	<p>\$150</p>	<p>Don't be split! Get some strikes and socialize with our afternoon bowling crew. The class fee covers weekly bowling costs and shoe rentals. *Disclaimer: Please bring your snack.</p>
<p>Cooking Around the World on a Wednesday</p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>\$260</p>	<p>Are you interested in food from other cultures? Prepare a meal to enjoy with your peers as you learn fundamental cooking skills to increase independence in the kitchen! The class fee covers the cost of groceries.</p>

CLASSES

THURSDAY

08

<p>Print Making</p>	<p>10:30 am - 12:30 pm</p>	<p>Sparc</p>	<p>\$30</p>	<p>Tell your story through prints! Learn printmaking techniques such as monoprint, intaglio, relief, and silkscreen to create a one-of-a-kind book filled with your artwork. The class fee covers studio supplies and materials used.</p>
<p>Thursday Bowling</p>	<p>1:30 pm - 5:30pm</p>	<p>Recreation Center</p>	<p>\$150</p>	<p>Don't be split! Get some strikes and socialize with our afternoon bowling crew. The class fee covers weekly bowling costs and shoe rentals. *Disclaimer: Please bring your snack.</p>
<p>Costume Design</p>	<p>1:30 pm - 5:30 pm</p>	<p>Sparc</p>	<p>\$60</p>	<p>Make a fantastic costume with the help of our staff! Learn the basics of sewing and how to operate a sewing machine; design cool t-shirts, bags, blankets and costumes. Come with ideas in mind, and we can make it happen! The class fee covers studio supplies and materials used.</p>
<p>Movie Enthusiast</p>	<p>1:30 pm - 5:30pm</p>	<p>Recreation Center</p>	<p>\$150</p>	<p>Do you love cinema like we do? Meet up at The Arc with your peers and vote on which movie to watch at the theater! Please bring money for snacks to purchase. Movie ticket costs are included in the class fee. *Disclaimer: R-rated films may be chosen. If theater times do not align with class times, we will watch a movie in our TV room from the many streaming services we have available, and those in attendance for the class will receive a complimentary movie ticket.</p>

CLASSES

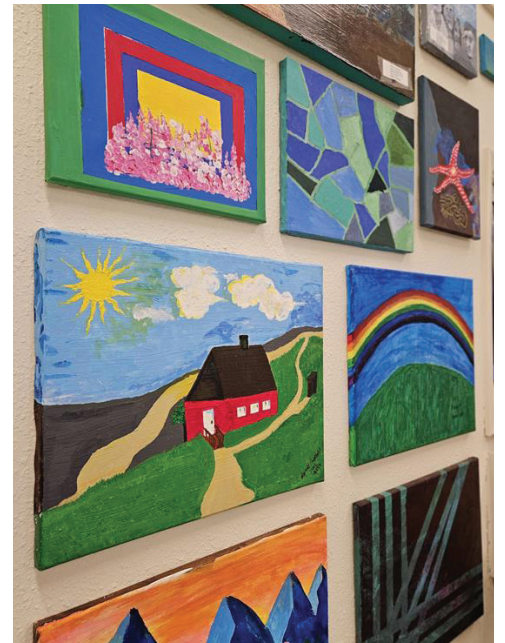
FRIDAY

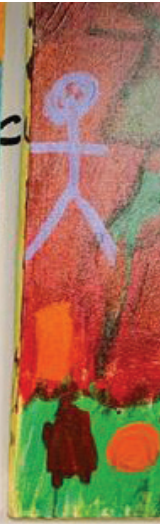
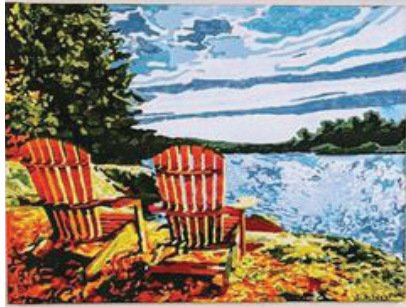
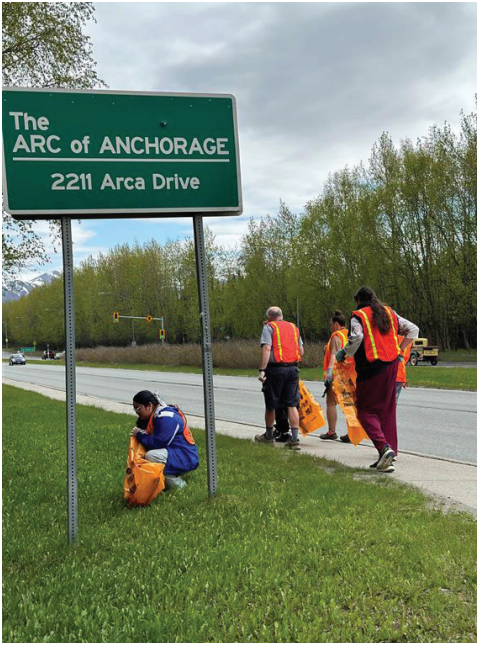
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<p>Coffee Cruise</p>	<p>1:30 pm - 3:30 pm</p>	<p>Recreation Center</p>	<p>\$175</p>	<p>Are you looking to try new places? Gather around and vote with your peers on a coffee shop in town to go to. Enjoy a delicious coffee or smoothie and get that socialization we all need! The class fee covers a \$7 weekly purchase of the participant's choice.</p>
<p>Special Events Committee</p>	<p>3:30 pm - 5:30pm</p>	<p>Recreation Center</p>	<p>Free</p>	<p>Love to plan for events? Please help us plan for our monthly birthday parties and create decorations by theme for The Arc's monthly dances and dinners throughout the semester! Make magic happen by volunteering your talent and time to help build long lasting memories with your peers!</p>
<p>Friday Bowling</p>	<p>1:30 pm - 5:30 pm</p>	<p>Recreation Center</p>	<p>\$150</p>	<p>Don't be split! Get some strikes and socialize with our afternoon bowling crew. The class fee covers weekly bowling costs and shoe rentals. *Disclaimer: Please bring your snack.</p>
<p>Open Studio</p>	<p>1:30 pm - 5:30pm</p>	<p>Sparc</p>	<p>\$50</p>	<p>Do you have a creative itch that just can't be scratched? Do you want to paint or draw but can't find time? Have you been thinking about fiber arts or sewing but need some guidance? Explore almost any medium during our group open studio time; the possibilities are endless! The class fee covers studio supplies and materials used.</p>

CLASS COLLAGE

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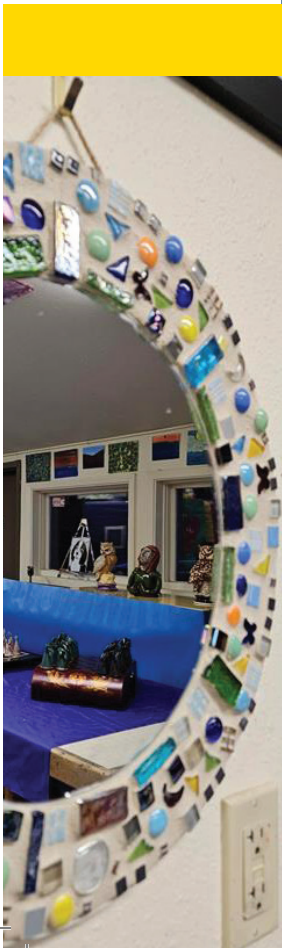
REC/SPARC CALENDAR

The Arc of Anchorage | 907.277.6677
2211 Arca Drive, Anchorage, AK 99508

Register at
thearcofanorage.org/classes-events.
Schedule a tour by calling 907.277.6677.

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We seize the opportunities to create
adventure and fulfillment in all aspects of life.
Our Core Value of **JOY**



APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
	1 FIRST DAY OF CLASSES	2	3	4	5 FIRST FRIDAY 3:30 P.M.- 5:00 P.M.	6
7	8	9	10	11	12 MAD HATTER TEA PARTY 6:00 P.M.- 7:00 P.M.	13
14	15	16	17	18	19 APRIL BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	20 APRIL CLUB HOPPING 9:00 P.M.- 1:00 A.M.
21	22	23	24	25	26 ALICE IN WONDERLAND DANCE 6:00 P.M.- 8:00 P.M.	27
28	29	30				

See website for all classes, fees and descriptions.
Register at thearcofanorage.org/classes-events.



Subscribe to our calendar online and
follow us on social media.



Open to the Public



Open Only to Individuals Receiving Services



MAY


SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 FIRST FRIDAY 3:30 P.M.- 5:00 P.M.	4
5	6	7	8	9	10 CARNIVAL DINNER 6:00 P.M.- 7:00 P.M.	11
12	13	14	15	16	17 MAY BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	18 MAY CLUB HOPPING 9:00 P.M.- 1:00 A.M.
19	20	21	22	23	24 STAR WARS DANCE 6:00 P.M.- 8:00 P.M.	25
26	27 AGENCY CLOSED MEMORIAL DAY	28	29	30		

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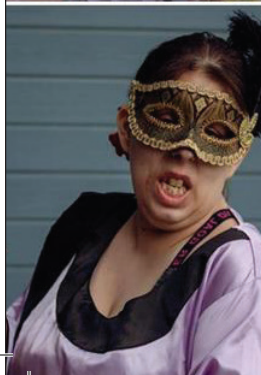
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We do the right thing. Our Core Value of Integrity

JUNE						
SUN	MON	TUE	WED	THU	FRI	SAT
						1 3 BARONS RENAISSANCE FAIR 11:30 A.M.- 3:30 P.M.
2	3	4	5	6	7 FIRST FRIDAY 3:30 P.M.- 5:00 P.M.	8
9	10	11	12	13	14	15 JUNE CLUB HOPPING 9:00 P.M.- 1:00 A.M.
16	17	18	19	20	21 JUNE BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	22
23	24	25	26	27	28 THE ARC PROM NIGHT 6:00 P.M.- 8:00 P.M.	29



See website for all classes, fees and descriptions.
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Open to the Public



Open Only to Individuals Receiving Services



JULY


SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2	3	4 AGENCY CLOSED INDEPENDENCE DAY	5 FIRST FRIDAY 3:30 P.M.- 5:00 P.M.	6
7	8	9	10	11	12	13 BEAR PAW FESTIVAL 10:00 A.M.- 2:00 P.M.
14	15	16	17	18	19 JULY BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	20 JULY CLUB HOPPING 9:00 P.M.- 1:00 A.M.
21	22	23	24	25	26 THE SIMPSONS DANCE 6:00 P.M.- 8:00 P.M.	27
28	29	30	31			

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We honor everyone's heritage, history,
experiences and specific personal inter-
ests.

AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 FIRST FRIDAY 3:30 P.M.- 5:00 P.M.	3
4	5	6	7	8	9	10 PORTAGE GLACIER CRUISE 11:00 A.M.- 4:00 P.M.
11	12	13	14	15	16 AUGUST BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	17 AUGUST CLUB HOPPING 9:00 P.M.- 1:00 A.M.
18	19	20	21	22	23 SUPER MARIO DANCE 6:00 P.M.- 8:00 P.M.	24
25	26 THE ALASKA STATE FAIR 10:00 A.M.- 6:00 P.M.	27	28	29	30	31

See website for all classes, fees and descriptions.
Register at thearcofanchorage.org/classes-events.






SEPTEMBER


SUN	MON	TUE	WED	THU	FRI	SAT
1	2 AGENCY CLOSED LABOR DAY	3	4	5	6 FIRST FRIDAY 3:30 P.M.- 5:00 P.M.	7
8	9	10	11	12	13 BBQ DINNER 6:00 P.M.- 7:00 P.M.	14 SEPTEMBER CLUB HOPPING 9:00 P.M.- 1:00 A.M.
15	16	17	18	19	20 SEPTEMBER BIRTHDAY PARTY 4:30 P.M.- 5:30 P.M.	21 TRUNK-OR-TREAT 5:00 P.M.- 7:00 P.M.
22	23	24	25	26	27 COUNTRY WESTERN DANCE 6:00 P.M.- 8:00 P.M.	28
29	30 LAST DAY OF CLASSES					

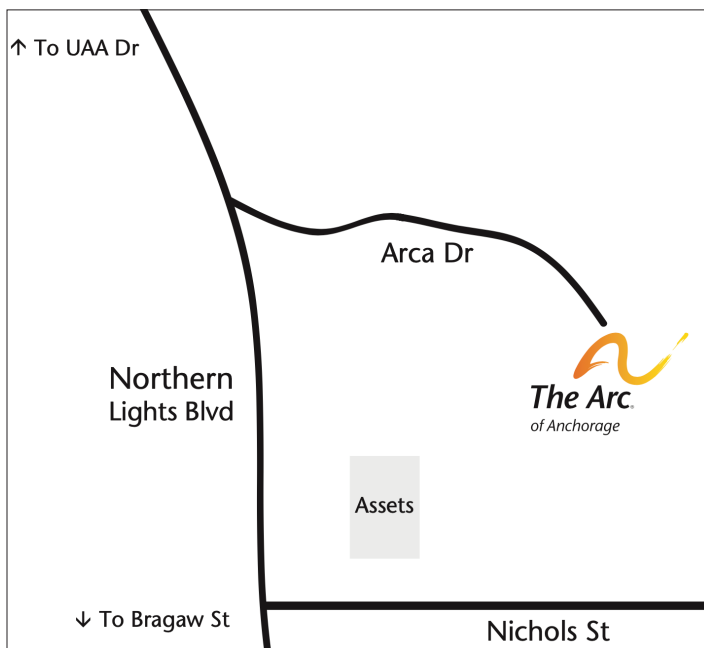
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**REGISTER FOR CLASSES
STARTING MARCH, 2024
OR ANYTIME DURING THE SEMESTER.**

REGISTER ONLINE:
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CLASSES BEGIN APRIL 1, 2024.

REC/SPARC PROGRAM

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Achieve with us.